

Competencies			Cert.	Check date	Initials
Rigging	Safely bringing gear to shore	1	I		
	Stepping the mast	2	II		
	Assembling stays	3	II		
	Hoisting jib, securing halyard	4	II		
	Hoisting main, (trucker's hitch)	5	II		
	Boom + Vang	6	II		
	Outhaul + Downhaul	7	II		
	Rudder	8	II		
	Bungs	9	I		
	Sheets	10	II		
	Use of correct language during all demonstrations	11	II		
	Final Check	12	II		
De-rigging	Safe disassembly	13	I		
	Halyards and stays tightly secured to mast	14	II		
	Mast safely removed	15	II		
	Mast correctly stored	16	II		
	Boat and sails cleaned	17	I		
	Boat stored correctly	18	II		
	Owner informed of damages	19	II		
Prep	Personal gear adequate for sailing	20	I		
	Weather expectations judged adequately	21	III		
Knots	Bow line	22	I		
	Figure 8	23	I		
	Cleat halyard hitch	24	II		
	Trucker's hitch	25	III		
	Secure halyard coils	26	II		
	Round turn and two half hitches	27	II		
	Alpine butterfly loop	28	III		
	Alpine butterfly bend	29	III		
Launch	Boat faces wind	30	I		
	Correct trailer handling in water	31	I		
	Crew correctly positioned	32	I		
	Skipper organising crew and boat	33	II		
	Centreboard + rudder partially down	34	II		
Return	Controlled skippering away from beach	35	II		
	Rudder released	36	I		
	Centreboard up	37	I		
	Controlled turn into wind while crew jumps off	38	II		
	Controlled attachment to trolley	39	II		
General boat handling	Control of jib as crew during tacks and gybes	40	I		
	Skippering with tiller only and according to jib tell tales	41	I		
	Tiller and main handling, including hiking out	42	II		
	Tacking - see syllabus for steps	43	II		
	Gybing - see syllabus	44	II		
	Capsize and controlled recovery - see syllabus	45	I		
	Towing	46	I		
	Heave to	47	II		
	Person over board	48	II		
	Single handed Vagabond sailing	49	II		
	Single handed Vagabond sailing in race	50	III		
	Skippering an intermediate boat	51	III		
	Roll tacking	52	III		
	Skippering an intermediate boat in a race	53	III		
	Trimming a spinnaker	54	III		
	Sailing without rudder	55	III		
	Minimum of 20 finished races logged as skipper	56	III		
	Experience in different types of sail boats min. 8, including min. 3 as skipper	57	III		
Racing	Following the correct course according to SI	58	II		
	Demonstrating starting sequence	59	II		
	Starting within 10 seconds after start signal	60	III		
	Passing of basic race rule test	61	II		
	Passing of advanced race rule test	62	III		
	Race management assistant (boat duty - flags)	63	II		
	PRO under supervision (incl. timer at start)	64	III		

Competency 56: Number of races

Race	Date	Initials
1		
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Competency 57: Experience in different types of boats

Type	Check date	Initials
Vag. (S)		